

Pitt Health Sciences

Perspectives

In this issue...

Meet the new Senior Vice Chancellor for the Health Sciences, explore the winning projects from the Pitt Innovation Challenge, and learn how Pitt is impacting the opioid-free pain management conversation!



A New Era for Health Sciences

Anantha Shekhar, MD, PhD has been named as the new Senior Vice Chancellor for the Health Sciences and the John and Gertrude Petersen Dean of the School of Medicine. [See what makes us so excited to welcome him to Pittsburgh.](#)



Can Speaking Your Mind Prevent a Stroke?

Pitt researchers have found that self-silencing can make women more susceptible to plaque in their carotid arteries. [Read more.](#)



PICh Me

Self-regenerating heart valves, a one-minute HIV test, and a new contact to treat dry eye disease might sound unreal but they were the top winners of the recent Pitt Innovation Challenge (PICh). [Learn more about the winning projects and additional finalist teams.](#)



Changing the Pain Management Conversation

Pitt Dental Medicine developed clinician guidelines for opioid-free pain management with the patient in mind. [See how they are leading the way in the national conversation on pain.](#)



Fearful of Fitness

Pitt's own **Margee Kerr, PhD** tells us the science behind the fear we have for going to the gym and tips for how to overcome our anxiety. [Learn more.](#)



Eat Your Heart Out

Pitt researchers recommend eating your calories earlier in the day to improve your heart health. [See their full recommendations and the research behind their work.](#)

Alumni Making Headlines

- On the heels of her [recently published textbook](#), **Mary Beth Zeni, ScDHyg (GSPH '93)** of Ursuline College is teaming up with the [Program Evaluation Unit \(PERU\)](#) at Pitt Pharmacy to develop the Ursuline College Breen School of Nursing Medication Assisted Treatment Training Integration Program. [Read more about this incredible, federally-funded collaboration.](#)
- Alumna and esteemed faculty member **Judy Dodd, MS, RDN, LDN, FAND (SHRS '84)** was recognized with the [Jane Andrews Lifetime Achievement Award in Retail Dietetics](#) by the Retail Dietitians Business Alliance. [Learn what makes Judy's career so noteworthy.](#)
- **Janey A. Roach, MSN, DNP (NURS '92, '11)** has been named as the inaugural director of Grove City College's Charles Jr. and Betty Johnson School of Nursing. [See why she was selected to lead the school.](#)
- **Richard Wilson, PhD (SHRS '03, MED '10)** has joined Guidehouse as the Director of their Washington, DC office. [Read more about how his military career and three degrees from Pitt made him a sought-after addition.](#)
- **Richard Dan Col, MD, MPH (Resident Alumnus)** will serve as the Chief Medical Officer for EmblemHealth's health insurance companies. [Read more about his career journey.](#)
- Ever wonder who tracks down the causes of foodborne illness outbreaks across the country? **Laura Gieraltowski, PhD (GSPH '09)**, who heads the Foodborne Outbreak Response Team at the U.S. Centers for Disease Control and Prevention (CDC) in Atlanta, is the "disease detective" leading the way to keep us safe. [Hear more about her work.](#)
- **Clifton Callaway, MD, PhD (Resident Alumnus)** was featured on the Products of Pittsburgh podcast series sharing his influences and path to become a leader in the field of Emergency Medicine. [Listen now.](#)

Stay Connected to Your School

School of
Dental Medicine

School of Health and
Rehabilitation Sciences

School of
Medicine

School of
Nursing

School of
Pharmacy

Graduate School of
Public Health

Upcoming Events

15th Annual Winter Academy 2020 – Naples, Florida

February 14, 2020

"Headline News: Opioids, Violence, Drug Prices, and More"

[See this year's amazing lineup of speakers.](#)

California Alumni Events

Provost Ann E. Cudd will be visiting California. We hope you can join us or one of these upcoming visits:

Los Angeles, California - February 18, 2020

San Jose, California - February 19, 2020

San Francisco, California - February 20, 2020

[Details and registration are available via the Pitt Alumni Association event calendar.](#)

Save the Date!

Pitt Health Academy – Hershey, Pennsylvania - April 2, 2020
Pitt Health Academy – Oakmont, Pennsylvania - April 30, 2020

[Details and registration for the Pitt Health Academy events will be available online soon.](#)

Information sessions for the Executive Master of Business Administration (EMBA) in Healthcare

This 19-month program offered by Pitt's Joseph M. Katz Graduate School of Business and UPMC brings together clinical and administrative professionals from across the healthcare spectrum to prepare healthcare leaders for the future. Join us for an info session in your area! [Learn more and find a session close to home.](#)

Information sessions for the Master of Pharmacy Business Administration (MPBA)

This unique 1-year program, designed for emerging pharmacy or health professionals, provides clinical and commercial experiences which prepare graduates for executive positions in the pharma landscape. Join us for an info session in your area! [Learn more and see where we're heading this winter and spring.](#)

Want to financially support great research and projects like these?

Visit www.giveto.pitt.edu or contact Matt Hiser at mah377@pitt.edu or 412-624-5639.

What else would you like to see?

E-mail Sarah McMullen, director, Alumni Relations Health Sciences at skm45@pitt.edu.

This e-newsletter is distributed to Pitt health sciences alumni and people who have attended a health sciences alumni relations-sponsored event. If you wish to be removed from this group's mailing list, click [here](#).

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